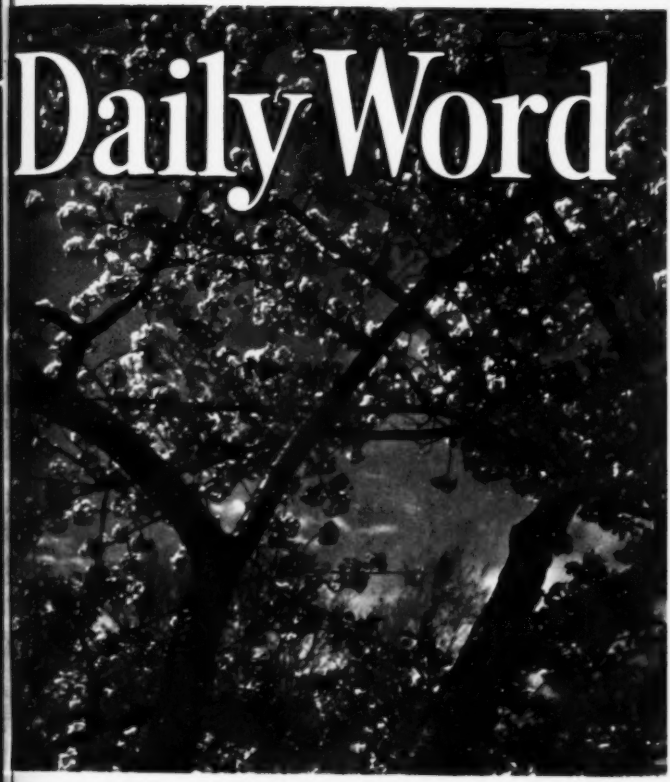
Daily Word



A UNITY PUBLICATION
MAY 1956

Class Thoughts

PEACE . . . **Let liberty, justice, righteousness, and peace be established throughout the world, in the name of the Lord Jesus Christ.**

PRAYER FOR WORLD LEADERS: **Through the Christ Mind you are unified in thought, purpose, and understanding, and inspired to right action for the good of all mankind.**

•

ILLUMINATION (11 a.m.): **The Spirit of truth inspires and illumines me.**

•

PROSPERITY (12 noon): **The Spirit of truth reveals abundant Spirit substance, which I affirm to be the source of my prosperity.**

•

HEALING (9 p.m.): **The Spirit of truth floods me with the light of life, and I am made whole.**

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DAILY WORD

Edited under the inspiration of Silent Unity

Vol. 64 MAY, 1956 No. 5

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No Strangers

RALPH RHEA

Life's highway is broad,
With many travelers,
Often I have stood
And watched them pass
And wondered how many felt
As I have felt
In days gone by,
In some strange place,
Strange and alone.

It mattered not how many
People walked the road,
Sometimes in a pushing, moving crowd
I felt alone,
Strange and alone;
Hungering for a friendly look
Of recognition,
An outstretched
friendly hand—
But none was there.

All were strangers,
And I was alone.

Now on life's highway
Though I travel to strange places
Among people whose names
I do not know,
I no longer feel the emptiness
Or aloneness.
I look at faces passing by
But they are not strangers.
Now as I walk I am aware
Of the Christ walking with me
And with the others that I pass.
I am aware of the Christ
In me, in them, a kindred spirit
Making us brothers.

I smile, I want to laugh aloud,
To shout a friendly greeting
To the tense, fixed faces as they pass.
But silently, not aloud,
I bless them and the Christ in them
And know they are my friends, my brothers.
There are no strangers.

Alone but Never Lonely

This is a condensation of a talk given on the National Radio Pulpit by the Rev. Harry H. Kruener. It is reprinted by permission.

YOUR LIFE may be full of appointments from eight in the morning until midnight, your office may be like Grand Central Station in the rush hour, your home may be crowded with your and everybody else's children. If others leave, you can always have the company of the television or the radio. You're never alone, isn't it wonderful? Wonderful, until one day you look yourself in the eye and realize that, like most modern men, you're never alone but still you're lonely. Deep down you're part of the lonely crowd.

How can we conquer loneliness, this inner disease that has nothing to do with how many people are around us, how busy we seem to be? Here is my first suggestion: The best way to conquer loneliness is not to be alone less but, more likely, to be alone more. This may sound like a riddle; it isn't, except as all life is a riddle.

Most of us are lonely inside because we're never alone outside, alone long enough to deepen our purposes, give life some direction, get rid of the

meaningless, the trivial. Purposelessness is behind much modern loneliness, and it takes solitude, a good deal of aloneness, to find direction; otherwise, our lives are always distracted by the secondary and insignificant.

The only way you and I can ever conquer this utterly random living, which is the basis of our loneliness, is now and again to be alone. It's here that we set our goals, define our high purposes, not in the swirling crowd. It's a strange but true paradox, the best way to conquer loneliness is to train yourself to be alone, not less but more.

And this is the second: Another way to conquer loneliness in life is to see that our friendships are constantly expanding. So often, as we advance in life, we lose the capacity for new and different and varied friendships. We tend to make friends with those who are just like ourselves, who reflect our own thinking and values.

I find one way to keep this capacity for friendship alive and expanding is to have friendships with people younger than myself. They're not so apt to reflect you, are they, to hold up a cozy mirror to your life. Oh, I don't mean this in any shallow sense. At college we often see fathers who come back and try to be one of the boys. There's nothing sillier than an adult straining to be an adolescent and usually throwing out his sacroiliac

doing it. No, I mean that deeper rapport that all too often is lacking in modern life, where we departmentalize even our families. I mean that rapport of moral and spiritual insight, knowing and understanding how your own generation feels about existence, and yet, by imagination and love, realizing the inner agonies and fondest hopes of those climbing after us on the long ladder of life.

I mean something like the story that came out of the Korean front. A newsman was trying to cheer up a flyer after he had returned from an exhausting mission. "If you had only one wish you could make now come true, what would it be?" The older man thought the boy would say he wanted his girl friend, or a long furlough, or a rest after so much flying, The answer was pathetically simple: "I want tomorrow." And at that moment two generations met spiritually, the older and the younger. That's what I mean, to really become young again, to want tomorrow.

This is next: You and I as Christians can conquer loneliness by the practice of prayer for others. We may be alone in a room in the poorest section of some city and yet by prayer our hearts and wills may be joined in faith to the far ends of the earth. No wonder intercessory prayer, prayer for others, has been called "the most ancient friendship of Christians." No person is lonely who

can day by day practice that most ancient friendship.

This is the Church. This is the fellowship of believers round the world, lifting holy hands to God in prayer. This is the community that takes the place of the crowd in the empty soul of modern man. This is the most ancient way of expressing Christian friendship. This is the road back from loneliness into the fullest life.

This brings me to this last observation, underlying the others. How can we conquer loneliness in modern life? First, by training ourselves to be alone more in life. Then, by constantly expanding our friendships to those different from ourselves. Third, by the practice of intercessory prayer. Finally, and doesn't it all come down to this?—the only ultimate way any one of us conquers loneliness in life is to know and love and be at home with God. Jesus said, "Ye shall be scattered . . . and shall leave me alone: and *yet* I am not alone, because the Father is with me." Most of the loneliness of modern life is essentially a religious loneliness. There's a spiritual vacuum in the heart of modern man. And being without God, being without a home in this bewildering and often crushing universe, poor, lonely, modern man tries to fill that vacuum with pleasure, with just something to do, with anything to distract

him from the ultimate issue, with every minute surrounded by a crowd. But the vacuum can't be filled. That's our human nature. We mortal men are lonely, until we find God.

But for the person who finds and loves God there is no real or lasting loneliness. You may be alone in this world but you are never lonely, for your Father is with you.

AN INVITATION

FROM SILENT UNITY

Have you ever needed help greatly but did not know where to turn? We extend to you a most loving invitation to call on Silent Unity.

For the past sixty years Silent Unity has been praying and working with people from every walk of life.

We do not believe that anything is impossible or incurable. We keep faith with all who call upon us, for we believe in the power of God and in the power of prayer, and we know that God never fails.

If you need us, feel free to call upon us at any time. We may be reached day or night by telegraph, Unity, WUX, Kansas City, Missouri, by telephone BAltimore 1-4720, Kansas City, Missouri, or by letter to Silent Unity, Lee's Summit, Missouri.

From California:

Were I skilled with the pen, or gifted with the "tongues . . . of angels" never a week would go by without a written note of thanks and praise reaching you. As it is, all I can do is to bless you for the wonderful works you are doing.

What a warm, comfortable feeling it is to know that someone is praying for you constantly! In time of trouble, the very thought of someone praying in the room of etérnal light gives the same joy that the haven of home brings on a cold and bitter night.

Some day Unity's teachings will blanket the world. Because it has helped me so much and because it is natural to want to share our blessings, I have at first timidly mentioned and introduced the literature to people of different creeds. In each instance, it has been absorbed like a thirsty sponge. In my business I meet people from all walks of life. In each instance that I have either given a subscription to DAILY WORD or passed out some

of my books, the spontaneous response has been for more.

Bless, dear Father, the wonderful friend who first introduced me to Unity. She sent me a subscription to DAILY WORD and *Weekly Unity* after a serious operation, and when my mind was at its lowest ebb.

Several weeks ago in *Weekly Unity* I was startled to read a letter under "Because Someone Prayed" from a woman who contacted you in thought, being unable at the time to either write or telephone. Two days before receipt of my pamphlet I had had a similar experience.

Unfortunately, I haven't been able as yet (although heaven knows I have intelligence enough to know better) to overcome these terrible fits of despondency and despair. On this particular night I thought my heart would break. I just couldn't control my tears and the thought kept running through my mind to end it all.

"How much of the beautiful knowledge of Truth that you know have you put into practice" I kept telling myself. "Look how your thinking has corroded the temple in which He dwells! How you have failed, you who from a child always thought you were one of His chosen ones!"

When I could stand the agony no longer I thought of Silent Unity and the consecrated room

where someone was praying. With all my heart I cried, "Please, please pray for me, please, please help me!" And lo and behold, in a matter of minutes, a calm descended upon me that was wonderful. I felt not only lifted up but I thought I was in another world.

Over a week ago I had occasion to telephone Silent Unity and the beautiful voice of the lady who answered was like a ministering angel. And again, for a whole week, I had the sensation of being in another world. Such tranquillity of spirit —just knowing that someone is on your side, praying for you.

Unity's greatest power, and the reason I say it will cover the earth, is not only the clarity and simplicity of its teachings, but it seems to be directed to each individual alone. I have been astounded many times with the DAILY WORD lesson for the day hitting home. Each message seems to have been written for me alone.

How fortunate are the people who can actually see on a dark night the light from the prayer room. What a sense of peace it brings. More important still, how many eyes throughout the world see the light with their inner vision, and how blessed are those who have consecrated themselves to pray for those of us who have not yet learned to walk alone.

Tuesday

LET LIBERTY, JUSTICE, RIGHTEOUSNESS, AND PEACE BE ESTABLISHED THROUGHOUT THE WORLD, IN THE NAME OF THE LORD JESUS CHRIST.

Do you know that as you read these words, as you pray this prayer for world peace, you are joining in thought with people all over the world?

Jesus said, "Where two or three are gathered together in my name, there am I in the midst of them." Today as you think about and pray about world peace, remember that you do not pray alone, that a great force for good is being generated through the united prayers of DAILY WORD readers everywhere.

As you affirm *Peace,* our Spanish and Portugese readers are affirming *Paz,* our Finnish readers are affirming *Rauha,* our Swedish readers are affirming *Fred,* our French readers are affirming *Paix,* our German readers are affirming *Friede.* It is not important how we say peace, but it is important that we feel peace, that we consciously strive to express peace in our lives, that we pray for peace to be brought forth in the world.

♣ *Peace I leave with you.*—JOHN 14:27.

Wednesday

THE RENEWING, RESURRECTING SPIRIT OF CHRIST IN ME KEEPS MY MIND AND BODY RADIANTLY AGLOW WITH LIGHT, LIFE, AND BEAUTY.

THE radiant Spirit of Christ in me is the inexhaustible source of my being.

Christ in me is the source of my life. Christ in me is the source of my ability. Christ in me is the source of my vitality.

The resurrecting Spirit in me is the very same Spirit that was in Jesus, and even as it breathed new life into His being, so it is now breathing new life into mine.

The radiant wisdom of the Christ illumines my mind with never-diminishing splendor. His renewing life animates my body with ever-increasing strength.

With each new day the beauty of the Christ shines through me, and with every passing year I put on more of His eternal perfection. I am renewed in the spirit of my mind and heart.

I am alive, alight and aglow with the radiant, resurrecting Spirit of Christ.

♣ *If any man is in Christ,* he is *a new creature.*—II COR. 5:17.

Thursday

I LOVE.

UNFORGIVENESS, anger, quarrelsomeness, resentment are melted away and dissolved by the healing balm of love.

I love! Even to say this to myself makes it impossible for me to think unlovingly. I will say "I love you" to every person, every situation, every condition that has caused unhappiness or distress.

I will open my heart and mind to God, my entire being to Him. And from the depths of my soul I will affirm, "I love." I will say just these two words over and over until I am no longer saying words but am filled with feelings of love. Then I will add to these two words by specifying who and what I love. How can I love without loving God! So I affirm "I love God." How can I love God and not love His creation? So I affirm "I love God's creation; I love my fellow human beings, I love God's world." And if there is some person toward whom I have felt unforgiving I think of him now and affirm, "I love you."

I love! This is the end and aim of being, for to be is to love.

♣ *A new commandment I give unto you, that ye love.* —JOHN 13:34.

Friday

I AM A JOYFUL CHILD OF GOD. TODAY I AM ALTOGETHER JOYFUL.

INSTEAD of looking at the dark side of things, instead of bemoaning the fact that things are not going my way, that they are not working out as quickly perhaps and as perfectly as I had hoped, I will turn my attention to cultivating a new spirit of joy.

Joy is not just a result of outer satisfactions, but truly a spiritual faculty of my being. It must be called forth, stirred up, cultivated, and put into use. Therefore, I now call it into active expression by declaring "I am a joyful child of God. Today I am altogether joyful."

I take a few moments to be very still. I listen to the Father's reassurances, I remember that He loves me and is leading me into my good. I let the wellspring of joy that is my true nature flow forth into outer expression. As I let joy permeate my mind and fill my heart, all the situations of my life are blessed, everyone I meet is uplifted, and my whole world is transformed.

♣ *For Jehovah hath comforted Zion . . . joy and gladness shall be found therein, thanksgiving, and the voice of melody.*—ISA. 51:3.

Saturday

"LET ME BE TRUE IN ALL I DO,
IN ALL I SAY;
SET THOU A SEAL UPON MY LIPS,
JUST FOR TODAY."

THIS IS my prayer today. I want to speak the right words at the right time, or be silent. This prayer will help me to remember that God will help me to keep silent when a negative or ungodlike word would pass my lips.

God's love in me helps me to speak lovingly, kindly, understandingly. His wisdom in me helps me to speak wisely, intuitively. His joy in me helps me to speak joyously, positively. His Spirit in me helps me to speak words that heal, prosper, comfort, and bless.

Father, let Your love fill my heart. Let Your good words be spoken through me. Help me to lift up with my words rather than to cast down. Let me forgive rather than condemn. Let me encourage rather than dishearten. Let me think before I speak, so that my words will glorify You. Let me speak gently, yet with power. Let my lips praise Your name and give You thanks.

♣ *He that guardeth his mouth keepeth his life.*—PROV. 13:3.

Sunday

TODAY I SALUTE GOD IN EVERYONE I MEET.

EVERY man, woman, or child is an expression of God. The light of God shines through the eyes of everyone I meet, whether his skin is black, brown, yellow, or white. Within him dwells the love, the strength, the wisdom, the understanding of God, for he is a child of God, created in God's image and likeness.

The Spirit of God dwells in every man. Today I remember this great truth. I remember my oneness with God and my brotherhood with all men. I remember the great commandment of Jesus: "Thou shalt love thy neighbor as thyself."

In the spirit of love I salute God in everyone I meet. I salute Him with a loving thought; with a joyful heart and a happy face; with a smile and a word of encouragement or praise; with the spirit of understanding and friendship. Even if I do not speak a word aloud, I silently give thanks for the realization that I am one in spirit with all men everywhere.

Today I am aware of the loving Spirit of God in all; today I salute God in everyone I meet.

♣ *And if ye salute your brethren only, what do ye more* than others?—MATT. 5:47.

Monday

I DESIRE THE LIGHT, I LOVE THE LIGHT, THEREFORE, I SERVE THE LIGHT.

A LAMP cannot give light without being illumined itself. Everything we direct to others passes first through our own consciousness and leaves its imprint on our own lives.

Today I seek to give unto others only that which I desire for myself. I key my conversation to encouragement, helpfulness, good cheer. I have the courage of divine conviction, commending whatever is just and of good report.

A little light can dispel a great darkness. I realize that my light comes from God and is God. Therefore I shall not hide it under a bushel, but will call upon it daily, hourly, momently to illumine myself and others.

I desire the light and love the light, therefore I serve the light. I serve it by holding fast to everything for which the light stands: the manifest purity and perfection of Spirit in all things everywhere.

♣ *Ye are the light of the world. A city set on a hill cannot be hid. Neither do* men *light a lamp, and put it under the bushel, but on the stand; and it shineth unto all that are in the house.*—MATT. 5:14, 15.

Tuesday

TODAY I WALK WITH ROYALTY.

TODAY I walk and talk with kings and queens. I work and live with princes and princesses. Today I remember who men and women and boys and girls are. They are truly kings and queens, princes and princesses—the royalty of the house of God. They are gods; each and every one a child of the Most High.

Today I will remember this great truth—that I am surrounded by royalty, the sons and daughters of the living God. I will remember that the love and reverence I feel for God are to be shown to these, His representatives on earth. I will remember that Jesus said, "Inasmuch as ye did it unto one of these my brethren, *even* these least, ye did it unto me."

Today I walk and talk with kings and queens. I work and live with princes and princesses. I honor God in all my relations with my fellow men.

Today I walk with royalty—the royalty of the house of God.

I said, Ye are gods,
And all of you sons of the Most High.
—PSALMS 82:6.

Wednesday

MAY 9

"I WILL GIVE THANKS UNTO THEE; FOR I AM FEARFULLY AND WONDERFULLY MADE."

I DO NOT have to think about making my heart beat or making my lungs inhale or exhale air. There is an unconscious carrying out and carrying on of the functions that mean life to the body.

"If there is a natural body, there is also a spiritual *body.*" The natural body is the body that functions unconsciously, that breathes, that lives and grows, that seems to have a life of its own. The spiritual body must be the body of thought, the body of ideas, the body of intuition, the body of light. When we enter into this body through becoming consciously aware of ourselves as spirit, the transformation of the natural body begins. The law that transcends natural law is spiritual law. The body is not raised or healed through will power or mental power; healing is really outside the province of the intellect. But spiritual ideas, the conscious realization of the life-giving Spirit in our midst calls the body to a new level of functioning.

♣ *It is sown a natural body; it is raised a spiritual body.* —I COR. 15:44.

Thursday

GOD IS PRESENT, AND HE IS ACTIVE AT ALL TIMES IN ALL PERSONS AND ALL SITUATIONS.

HOW strengthening and peace-giving it is to remember the truth that God is always present, always active in every person and situation. Unceasingly, unfailingly God works in and through hearts and minds to establish justice, order, and harmony.

In every dispute, every unjust situation I maintain my poise and equilibrium. I exercise faith and understanding. I do not by my words or actions indicate doubt or fear. I relax completely in mind and heart, for I remain unwavering in my belief that God is present and that He is active.

I trust God implicitly to right every wrong, to dissolve every misunderstanding. I trust and pray. As I pray, my consciousness expands. I realize that what is mine cannot be taken from me; I realize that my good comes to me from God and nothing can retard or restrict its flow to me.

I rejoice in the realization that God is present and He is active now. Justice, order, and harmony reign in my life and affairs.

♣ *Righteousness and justice are the foundation of thy throne.*—PSALMS 89:14.

Friday

I HAVE FAITH IN THE TRIUMPHANT POWER OF THE CHRIST IN ME.

THE present circumstances of my life may not be wholly ideal, but as I pray I attain to the realization that through the power of Christ in me every adverse situation is conquerable. Through Christ I am empowered with wisdom, insight, courage, and every quality of heart and mind I need in order to live harmoniously, productively, and creatively.

I need not postpone the hour to begin living. I need not wait for more favorable and advantageous circumstances before beginning to conform my life to a richer, more fulfilling pattern.

I have faith in the triumphant power of the Christ in me. This very moment Christ is with me. This very moment I align myself with Him. I let Him take charge of my life. I begin now to radiate the Christ light and love.

My mind, body, and affairs respond quickly to the power of the Christ. I am transformed by His power. My life is transformed as I act on His wisdom and guidance.

✤ *And I, if I be lifted up . . . will draw all . . . unto myself.*—JOHN 12:32.

Saturday

I CLAIM GOD'S HELP CONSTANTLY.

TO CLAIM is to hold to a belief in, to assert one's right to a thing. So I claim God's help, knowing in truth the marvelous power which lies therein. Indeed, God's help is all-powerful, ever-present; it is completely wise and infinitely loving. It is never unavailable, but I must lay claim to it in order to receive it. It will not be forced upon me, until I am ready to accept it.

By claiming God's help I prove my faith in Him. I open the way for His help to become active in my life. And I immediately receive an assurance that all is well.

Once having claimed God's help, I know that it will come, and I act as if it already were operative in my life. It makes no difference what the need may be—healing, money, harmonious relations, or a new home to live in—I have claimed God's help, and I know that even now all things in my life are being perfected.

♣ *I will in no wise fail thee, neither will I . . . forsake thee. So that with good courage we say,*

The Lord is my helper; I will not fear:
What shall man do unto me?

—HEB. 13:5, 6.

Our Mother

God, are You Father? You
Are Love our Mother, too.
Compassion has no form,
I know, and yet so warm
And mothering-close and real
God is, sometimes, I feel,
Drawn to a heart of being
Too vast, too close for seeing.
Our Mother, Love, you are
Not separate and far,
No farther step from me
Than my own charity.
I shall not ever trace
Your unseen secret face
Till I with my own eyes
Have learned to look love-wise.
My looks of gentleness
Shelter the motherless;
My kind thoughts are bright wings
Of healing to hurt things.
In vain I shall look for
You save in my heart's core,
Not in the sky above,
But in my heart as love.

—*James Dillet Freeman*

Sunday

THE HOLY SPIRIT LOVES AND CARES FOR ME AND ALL THE MEMBERS OF THE HUMAN FAMILY.

TODAY let us think about the Holy Spirit as the whole Spirit of God in action. God is not only Father, but Mother. God is not only Creator, but loving Spirit.

Charles Fillmore says, "Holy Spirit is the love of Jehovah taking care of the human family, and love is always feminine. Love is the great harmonizer and healer, and whoever calls upon God as Holy Spirit for healing is calling upon the divine love."

Today, which is set aside as Mother's Day, let us give thanks for the loving Spirit of God which finds expression through the mothers of the human race. Let us give thanks that the Holy Spirit loves and cares for the human family; let us give thanks for the mothering Spirit that surrounds and infolds us all. Let us call on divine love to come forth in us, to be poured forth through us as comfort, forgiveness, compassion, and infinite understanding.

✤ *As one whom his mother comforteth, so will I comfort you.*—ISA. 66:13.

Monday

I LET GO OF PAST UNHAPPINESS, AND THROUGH GOD'S SPIRIT IN ME I MAKE A NEW BEGINNING.

I NEED not allow past failures and unhappy circumstances to keep me from being the free, joyous, productive individual that God intends me to be. The circumstances of the past may be beyond my power to alter or correct but through God's Spirit in me it is fully in my power to live happily and effectively now.

Rather than berate the past, rather than give the substance of my thought to remembrance of past unhappiness, I will let go of it and praise the inner strength and reserves of power that enable me to make a new beginning.

Today I will devote all my prayers and all my efforts toward making my life secure, happy, and rich in achievement. Prayer is the means by which I step out of the shadow of the past into the light.

As I turn to God in prayer, courage, confidence, and faith rise in me. I receive the assurance that God is working in and through me, that I can draw upon His wisdom, His love, and His power to make a new beginning.

♣ *Forgetting the things which are behind.*—PHIL. 3:13.

Tuesday

I MEET EVERY CHALLENGE WITH COURAGE.

SELF-PITY is a narrow, cramping emotion. Though I may have experienced it before, I am now done with it forever. Nothing in this world has the power to cramp or confine me. I am one with the life which is forever thriving and expanding.

When something distressing occurs in my experience, I refuse to descend to its level. Instead, I call upon God, and He answers me. He takes me out of myself—out of the little shell of self-absorption—and sets me "in a large place," the radiant, illimitable Christ consciousness where I stand, fearless and confident.

"I can of myself do nothing." But with God all things are forever possible. Consciously at one with Him, I meet every challenge with courage. I draw on infinite resources of encouragement and strength, not only for myself, but for the blessing and uplift of all whom I contact.

Out of my distress I called upon Jehovah:
Jehovah answered me and set me *in a large place.*
Jehovah is on my side; I will not fear:
What can man do unto me?

—PSALMS 118:5, 6.

Wednesday

I DRAW ON THE STRENGTH OF THE LORD AND STAND FAST IN MY FAITH.

IF THERE comes into my life a problem so difficult, a crisis or an emergency so urgent that I do not know what to do, then I will draw on the strength of the Lord. It is exactly in such a situation that my faith can give me a grip on reality, on God, so that I can with serenity and poise meet the situation. It makes no difference what the problem is—a health problem, a financial difficulty, a crisis in human relations—whatever it is, God has the answer.

Immediate prayer will give me strength. My communion with God will ease my fear and tension. My faith will be rekindled, renewed, and added to, as the realization floods my heart that I am one with God and that with Him all things are possible.

One step at a time God will lead me through if I stay close to Him, and I shall emerge triumphant. But I must stand fast in my faith and hold close to my heart the consciousness of His love and power.

♣ *Watch ye, stand fast in the faith, quit you like men, be strong.*—I COR. 16:13.

Thursday

MY HEART IS FILLED WITH UNDERSTANDING AND LOVE, AND I PRAISE AND BLESS THE GOOD IN ALL.

ALL OF us admire the person who is loving and understanding, who sees good qualities in another, even though there are imperfections. Understanding of our fellow man is a real gift, and we can cultivate it if we will take the time to look for the good in others and then praise the good we see. Understanding makes us kinder, more loving, and more helpful to those who need the lift that our praise will bring. It also enables us to see every person as one who is seeking to express more of God's Spirit.

Even though we may not be in accord with another or may not approve of the things he does, there is sure to be some good in him. When we cultivate a spirit of understanding, this spirit helps us to bless and to praise this good in him. Let us make a habit of praising those with whom we live and work. As we praise others for their good qualities we are sure to call forth the best in them.

✤ *Then opened he their understanding.*—LUKE 24:45 (A. V.).

Friday

GOD IS THE ONLY PRESENCE AND THE ONLY POWER IN THIS UNIVERSE, AND GOD IS LOVE.

GOD IS the only presence in this universe; God is the only power in this universe—and God is perfect love. I live and move and have my being in His loving presence, and His loving, healing presence lives and moves and has its eternal being in me.

His radiant intelligence illumines my mind; His vitalizing and renewing life breathes through every cell of my body; His Spirit of healing life animates every particle of my body.

No matter what I am called on to do, His indwelling and all-surrounding strength is my ability to succeed. No matter where I am called on to go, His all-infolding presence is my guide and my protection.

Right now, this moment, as I read this DAILY WORD lesson, I am completely filled and surrounded with the loving, healing, all-providing, all-adjusting presence of God. I am safe and secure in His everlasting arms, now and forevermore.

♣ *Do not I fill heaven and earth? saith Jehovah.*—JER. 23:24.

Saturday

"THY WORD IS A LAMP UNTO MY FEET, AND LIGHT UNTO MY PATH."

IF I need guidance about any matter, small or large, I give thanks that the light of God is shining in me and through me, "a lamp unto my feet, and light unto my path." I give thanks that the Holy Spirit is guiding me; I give thanks that I know what to do, how to act, how to decide; I give thanks that I unerringly make right and wise choices.

I will not be tempted to make rash or hasty decisions, but neither will I procrastinate over making decisions. When I silently ask to be shown what to do, the light will come, the answer will be revealed to me, clearly and unmistakably. I will be able to see through appearances, to see through uncertainty; I will be lifted above emotionalism or selfishness. I will keep calm, impersonal, at peace in mind and body. I will trust the Spirit in me; I will have faith that all things are working together for my highest good and for the highest good of all concerned.

Thy word is a lamp unto my feet,
And light unto my path.
—PSALMS 119:105.

Sunday

I AGREE TO LET THE WILL OF THE FATHER BE DONE IN ME.

I AGREE to let the Father think through me today. I agree to let the Father speak through me. I agree to let the Father work through me. I agree to let the Father love through me. I agree to let the Father live through me.

I agree to set aside my personal will. I agree to set aside my feelings of limitation and of lack. I agree to set aside my doubts and fears, my worries and anxieties. I agree to set aside my personal desires and needs and to lift my heart and mind to His will, His perfect will for my life and work. I do this in the assurance that God's will for me is always greater and more wonderful than anything I have desired or asked for.

I agree to listen to the Father's voice and to speak His words of healing, strength, and abundance. I agree to act on the Father's inspiration and to go forth and do His works of love, understanding, and forgiveness. I agree to follow Jesus Christ and to pray with Him: "Thy will be done."

I agree to do the will of the Father in me.

✤ *Thy will be done, as in heaven, so on earth.*—MATT. 6:10.

Monday

MAY 21

TODAY I REMEMBER TO PRAY.

GOD'S greatest blessing to me is the gift of prayer—the privilege of communicating with Him; of turning to Him for courage, strength, and guidance. I can turn to God at any time and under any circumstance. I remember this today; today I remember to pray.

I begin this day with prayer. I remind myself that I live and move and have my being in God. I give thanks that His loving presence fills my life, and that His wisdom unfailingly guides me in all that I do.

Many times today I remember to pray—to turn to God for renewed strength, enthusiasm, joy, wisdom, and faith. At the completion of each task, I pause to raise a prayer of thanksgiving. At the beginning of each new work, I pause to acknowledge the power and the ability of God within me.

I end this day with prayer. I rest from the day's activities in the everlasting arms of God, secure in the peace which prayer has brought me.

Today I remember to pray.

♣ *And he spake a parable unto them to the end that they ought always to pray.*—LUKE 18:1.

Tuesday

TODAY I WORK TOWARD INCREASED PROSPERITY IN MY LIFE.

As THE first step in increasing the prosperity in my life I cleanse my mind of every thought of lack. How the old doubts and fears can clog the channel for abundance if they are allowed to accumulate! So I sweep my mind clean, I make it ready to receive and develop a prosperity consciousness.

Second, I pray for an understanding of the meaning of prosperity, for a realization of the unlimited resources of God, and of my own ability to lay hold of these as a child of God. I pray also for guidance and keep my mind open to receive it, knowing that as my life develops along the God-pattern, my every need will be abundantly filled.

Thirdly, I keep my faith in prosperity burnished bright. I think and speak and act in accordance with this faith, knowing that an abundance of every good thing is indeed already prepared for me and is now being brought forth in my life.

Finally, I give service gladly wherever I can; I rejoice in God's goodness.

♣ *For whosoever hath, to him shall be given.*—MATT. 13:12.

Wednesday

MAY 23

"ALL THINGS ARE POSSIBLE TO HIM THAT BELIEVETH."

THROUGH your faith all things are possible. Your faith in the healing presence of God within you is sufficient to heal every disease, adjust every inharmony, move every mountain. No situation that confronts you is too entangled or too far gone but that your faith in God can straighten all things out and bring you safely through.

So trust in God. Put aside the limiting thoughts that try to tell you that something is impossible, hopeless, incurable, and know with every ounce of your strength, "I can do all things in him that strengtheneth me."

Believe in the all-healing, all-adjusting power of God that is within you. Never for a moment allow fearful imagination or doubt to capture your attention. No matter what the appearances before you, keep declaring "Nothing is impossible to God, 'All things are possible to him that believeth,' " and it shall be so.

✤ *Believe ye that I am able to do this? They say unto him, Yea, Lord. . . . According to your faith be it done unto you.*—MATT. 9:28, 29.

Thursday

TODAY I LIVE IN THE CONSCIOUSNESS OF MY INSEPARABLE ONENESS WITH GOD.

HOW WONDERFUL it is to realize that I am never alone! More understanding than a parent more encouraging than my closest friend is the presence within me. Never again shall I give way to thinking of myself as separate from God. "He that sent me is with me." He is with me in all my hopes, joys, and endeavors; in the great and small events of each day He is with me.

Today I live in the consciousness of my inseparable oneness with God. I remember to thank Him for the blessings He is constantly pouring out upon me. I honor Him with my attention, and He rewards me with ever-increasing manifestations of His power and love.

Today I invite God into my mind, and my mind is illumined and uplifted. I invite Him into my heart and I am at peace with all men. I invite Him into my body, and perfect health is the happy result. I invite Him into my affairs and divine order manifests everywhere.

♣ *He that sent me is with me; he hath not left me alone.* —JOHN 8:29.

Friday

MAY 25

TODAY I DO MY WORK "AS UNTO THE LORD."

EVERYONE of us has work to do, but it may not always be the work we would choose. This work, nevertheless, must be done. Let us do it then as if God were our immediate superior, as if we were doing it for Him. What a difference this can make!

Work done "as unto the Lord" will certainly be done willingly, it will be done with every bit of ability we have, with extra care, with complete concentration. It will, even if it is an unpleasant sort of job, be done with love. And will not the doing bring joy to our hearts? We will not be content with doing the minimum required; surely we will add an extra bit of service when it is for the Lord.

If, each day, we actually do our work in this way who knows what reward will be ours! If we have learned the lessons that some particular experience has for us, a door will be opened to another. So come fulfillment and satisfaction.

♣ *Whatsoever ye do, work heartily, as unto the Lord, and not unto men; knowing that from the Lord ye shall receive the recompense of the inheritance: ye serve the Lord Christ.*—COL. 3:23, 24.

Saturday

I FLOW ALONG WITH LIFE: I GROW ALONG WITH LIFE.

EVERY DAY I will broaden my life in some way. I refuse to close myself in, to narrow down the confines of my life, to surround myself with a wall of self-centeredness. I grow along with life; I flow along with life.

"If there is anything you feel that you ought to do, yet fear to do, do that thing. The doing will set you wonderfully free." I will think about these words, and I will courageously choose the way of freedom. I will not listen to the little self that would hold back in fear or timidity; I will not worry continually about what "people will think." I know that as I enter into life, as I give of myself, my time, my thought, my efforts, I cannot help but grow into a larger person; I cannot help but come into a happier way of life.

Today I will exert myself, mentally, physically, and spiritually. I will do something in a new way; I will challenge old ways of thinking; I will do at least one thing I have longed to do, yet feared to do. Today I will flow along with life.

✤ *Choose you this day whom ye will serve.*—JOSH. 24:15.

Sunday

MAY 27

TODAY I REMEMBER TO PRAY FOR OTHERS.

THE FINEST act I can perform for another is to pray for him. In no other way can I help someone so richly, so unselfishly, and so completely. When I pray for another, I ask that he become aware of the living presence of God, I ask that the wise and loving will of God be done in his life.

In the knowledge that God will answer my prayers in His own way, I remember to pray for others today.

I pray for individuals, and I pray for all humanity. I pray for those who are near and dear to me, and for those whom I may never have met, but wish to bless. I pray for those who are close at hand and those who are far away. I pray, rejoicing that they are only a thought, a loving prayer away from my heart. Prayer reaches through time and space and helps me to realize my oneness with my fellow men and with God.

Today I remember to pray for others. I give thanks that God is filling their lives with His richest blessings.

✤ *Pray one for another . . . The supplication of a righteous man availeth much in its working.*—JAMES 5:16.

Monday

CHRIST IN EVERY MAN IS MY TEACHER.

CHRIST in every man is my teacher. I look beyond the personality of the individual to the Christ that shines within. I learn lessons of love and faith, of wisdom and understanding from the people in my life.

Instead of thinking of my dear ones as being just husband, wife, child, brother, sister, friend, I think of them in a new light. I think of them as emissaries of the Christ, each bearing a special lesson and blessing for me.

Christ in every man is my teacher. The persons with whom I have been out of harmony, the casual acquaintance, even the passer-by on the street are divine messengers in a sense, for they have the Christ in them.

I silently and sincerely ask, "Christ in my neighbor, what do you have to teach me?" And then I watch and I listen for the Christ beauty and helpfulness to reveal themselves to me through every person I meet.

I acknowledge the Christ, the teacher divine, in every man.

♣ *Forget not to show love unto strangers: for thereby some have entertained angels unawares.*—HEB. 13:2.

Tuesday

MAY 29

THE DIVINE ORDER OR SPIRIT IS ESTABLISHED IN ME.

WHAT does divine order mean to me? It means that I do not scatter the forces of my mind or body through useless activity. It means concentration on the thing at hand; the accomplishment of whatever needs to be done by me, on time and in order.

I know that the divine order of Spirit is established in me as I give expression to my God-given powers and abilities. I am willing to take the time to develop ability and skill, for I know that ineptitude does not produce worth-while results.

I recognize that divine order is the ultimate fulfillment of Spirit. Divine order is the perfection that makes us unsatisfied with the imperfect; it is the harmony that will not let us be content with confusion; it is the knowledge that will not let us rest in ignorance; it is the light that will not let us abide in darkness.

I give thanks that the divine order of Spirit is established in me.

♣ *My Father worketh even until now, and I work.* —JOHN 5:17.

MAY 30

Wednesday

I LOOK FOR THE RADIANT PRESENCE THAT SHINES GLORIOUSLY AND ETERNALLY BEYOND EVERY APPEARANCE.

BE optimistic! Be happy! Be upward in your looking! Expect the best to happen, and your life will attract the happiness and brightness toward which you turn your attention.

When appearances say "No, it cannot be done," say "With God's help it can." When appearances say, "This disease is incurable," say, "The Spirit of Christ in man is capable of healing every disease." When appearances try to make you believe you are financially lacking, immediately declare, "Christ is my all-sufficiency in all things." When conditions seem to indicate that there is no solution to the problems at hand, tell yourself that in God there is an answer to everything. Keep looking on the right side, the true side.

"Say you are well, or all is well with you,
And God shall hear your words and make them true."

♣ *For this commandment which I command thee this day, it is not too hard for thee, neither is it far off. . . . But the word is very nigh unto thee, in thy mouth, and in thy heart, that thou mayest do it.*—DEUT. 30:11, 14.

Thursday

MAY 31

I KNOW THAT MY REDEEMER LIVETH.

WHEN experiences come to us or our dear ones that seem difficult to understand or to bear, we may be tempted to cry out "Why?" We may feel that we have lost our faith.

But even when we feel like "an infant crying in the night . . . and with no language but a cry," there is a spirit in us that will not let us go, that tells us to lift up our hearts. There may be things that we cannot understand, but we can be sure that understanding will come with our spiritual growth. Even when we cannot understand, still we can have the faith to know that life cannot be lost, good cannot be defeated, God cannot fail. We see only part of the picture, we know only part of the Truth from a human standpoint, but when we pray in faith, Spirit brings us a glimpse of larger truths, broader views. And we say like Job, "But as for me I know that my Redeemer liveth."

God is with us; He is life, He is love, He is strength; He is our unchanging, unfailing help.

♣ *As for me I know that my Redeemer liveth.*—JOB. 19:25.

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The Two Types of Mothers

"There are two types of mothers, 'Mary mothers' and 'Martha mothers.'" Georgiana Tree West says this in her thought provoking article on motherhood in the May issue of *Unity*.

"'Martha mothers' are conscientious in caring for the physical well-being of the child. They instill habits of healthful practices; teach respect for the body and its uses.

"'Mary mothers,' on the other hand, are deeply concerned with developing the child's spiritual nature. They teach him that we are all children of God; that His Spirit within us is not only the spirit of life, but of love and also of wisdom that enables us to understand the rules of life—that like begets like; that we receive as we give; that we reap as we sow; that the commandments of Jesus—that we love God and our fellow men—include all other commandments."

You will enjoy this interesting article, and all the other fine articles and features contained in *Unity* magazine. A monthly magazine, *Unity* is priced at only $1 a year.

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

A FRIEND INDEED FOR TEEN-AGERS

The changes and tensions that are a part of growing up in the world today confuse many teen-agers as they struggle to attain a sense of values.

You, Unity's magazine for teen-agers, can often give them a lift when they need it most. *You* encourages them to turn to God for guidance in all things.

The May issue of *You* contains the exciting story of Kola Wiegel, a strange and lonely boy who became a hero. Kola had an amazing hidden talent that was brought to light through the kindness of the one person who befriended him and "Kola Wiegel was delivered with splendor—from his gray cocoon of mystery."

This thrilling story is just one of the many entertaining and uplifting stories, articles, poems, photographs, and feature departments found in each issue of this timely magazine for teen-agers. Any teen-ager you know would be glad to have such a helpful and inspiring friend as *You*. It comes each month for $1 a year.

UNITY SCHOOL OF CHRISTIANITY
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"ALL'S RIGHT WITH THE WORLD"

"I wish I could express adequately the wonderful feeling that 'all's right with the world' I have experienced and do experience through the continued use of various affirmations in connection with the Prosperity Bank drills; there always is a right affirmation to meet each situation."

Order your Prosperity Bank with this coupon; you may use the money you save in it to send DAILY WORD to friends. Their subscriptions begin at once, but you have seven weeks in which to save for them.

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Announcing

A NEW UNITY BOOK

Unity takes great pleasure in announcing *How to Let God Help You,* a new book by Myrtle Fillmore, the "Mother of Unity." Out just this month, it contains many of the valuable and powerful ideas that enabled her, together with her husband, to begin a work that is today blessing persons all over the world. Some of its chapter titles are: "The Purpose of Living," "Health in the Home," and "The Law of Supply." This is an altogether practical book, and one that Unity is justly proud of.

SUMMER PROGRAM BOOK

Because of the special help it can give, this book has been chosen for the Unity Summer Demonstration Program this year. This program shows you how to demonstrate over your problems by spending just a little time each day putting Truth to work in your life. All you need to take part in this program is the new book *How to Let God Help You* (price $1) and the free guide that comes with it. So order this new Unity book and join with thousands of other Unity students in the Summer Demonstration Program.

UNITY SCHOOL OF CHRISTIANITY

LEE'S SUMMIT, MISSOURI

As the apple-tree among the trees of the
wood,
So is my beloved among the sons.
I sat down under his shadow with great
delight,
And his fruit was sweet to my taste.
He brought me to the banqueting-house,
And his banner over me was love.

—*The Song of Solomon 2:3, 4.*

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